



# Life throwing too much

## at you?

### LIVE AND WORKWELL

Your Employee Assistance Program

My hot-water tank just died, and I need a new one installed fast.

My husband and I are arguing constantly. What should I do?

I just found out our daycare is closing. Now what?

## Life's full of twists and turns. We'll help you through them.

From day-to-day responsibilities to challenging relationship issues, **LiveandWorkWell** – your employee assistance program – is here to help. Connect with us anytime online, via phone or through the app for support on topics such as:

- Finding childcare or eldercare
- Parenting
- Finding household services like lawn care, cleaning or repairs
- Miscarriage or infertility
- Separation or divorce
- Financial stresses
- Legal issues
- A serious illness
- Losing a loved one

**Dealing with something that's not on this list?** Contact us anyway. There's a good chance we can help.

## LIVE AND WORKWELL

Phone: **1-888-533-7311**

Web: **liveandworkwell.com**  
access code: DEERE

App: **myLiveandworkwell**  
(available via the iTunes® App Store® or Google Play™)



Receive up to **eight** counseling visits

Want to meet with a counselor in person or via Virtual Visits? You and your household members can receive up to eight counseling visits per issue at no charge per calendar year. If an issue extends beyond the eight visits, you and your family can access your behavioral health benefits.

**LiveandWorkWell** is confidential

We'll safeguard your personal records, including all medical information, referrals and evaluations. All are kept strictly confidential and are not shared with Deere or anyone without your permission, except as is required or permitted by applicable federal or state laws.

Please note: While WorkLife Services and all referrals are included as part of your benefits, you will have to pay for any WorkLife Services you decide to use. Our specialists cannot book or purchase services on your behalf. This is an educational referral-based service only. Certain services may not be available in some benefit plans. Consult your benefit plan to know what is available.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

The John Deere Health Benefit Plans for Salaried and Wage Employees comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-533-7311 TTY/TDD: 711.

Here's a link that may also help: <https://www.optum.com/nondiscrimination.html>

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